



ACTION-BASED COGNITIVE REMEDIATION (ABCR) **FOR PSYCHOSIS**

Why become an ABCR certified therapist?

ABCR is an evidence-based method developed by Dr. Chris Bowie and his team for helping clients turn cognitive improvements into meaningful daily progress.



ABCR is a **reliable program** that boosts engagement, supports **goal setting**, and strengthens clients' **cognitive outcomes**.



The **structured sessions** reduce common barriers like avoidance, low confidence, and trouble using cognitive skills in real life.



Clients gain **better attention, memory, problem-solving and social abilities**, along with a clearer sense of what they can achieve.



We offer a unique flexible **supervision program** with clinical experts to support the implementation of your first intervention group.

Your path to become a certified ABCR therapist



WHAT'S INCLUDED IN THE ABCR TRAINING PACKAGE?

A. ONLINE TRAINING ACCESS

1 ACCESS TO THE TRAINING PORTAL AND THREE EXCLUSIVE ONLINE TRAINING MODULES:

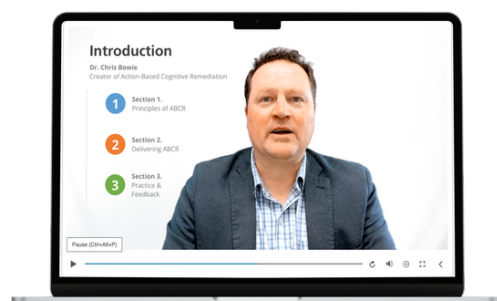
MODULE 1. COGNITIVE HEALTH (2H)



MODULE 2. DIGITAL MENTAL HEALTH TECHNOLOGIES (2H)



MODULE 3. ABCR TRAINING (8H)



Each module contains: instructor videos, interactive practice activities, and supporting resources

2 ALL DIGITAL MATERIALS YOU NEED TO FACILITATE INTERVENTION GROUPS*



EXPERT-MONITORED
DISCUSSION FORUM



MATERIAL
UPDATES



ONGOING USER
SUPPORT

*The training package does not include daily items for real-life simulations or access to the HappyNeuron platform, which is recommended for computerized cognitive training. Assistance with those steps is included in the supervision plan.

3 EXPERT SUPPORT AND TECHNOLOGICAL TROUBLESHOOTING

UPDATED THERAPIST
MANUALS FOR IN-
PERSON
AND REMOTE
DELIVERY



INTERVENTION
SLIDES WITH
THERAPIST
NOTES



PARTICIPANT
HANDOUTS



B. SUPERVISED IMPLEMENTATION

6 SUPERVISION SESSIONS*



EXPERIENCED
ABCR THERAPIST



ADAPTED TO
YOUR TEAM'S NEEDS



*EST time, dates & time subject to our supervisor's availabilities,

Supervision is essential for the effective implementation of the ABCR intervention in clinical environments. Seasoned therapists will guide you in establishing and administering the intervention for your initial cohort.

Training Costs (2026)

- 💰 **\$1500 CAD - ABCR online training + Supervision Package** (6 sessions, 1 free)
- 💰 **\$500 CAD - ABCR Online training only** (individual access)
- 💰 **\$200** for one **supervision session**
- 📢 Group discounts available upon request
- Prices are subject to change and applicable taxes.

How to Get Started:

Let's talk!

Book a short, free meeting with a member of our team for group rates or help deciding if ABCR fits your setting

[Form & Booking Link](#) 

